

## What is S.O.A.R.?

S.O.A.R. stands for Survivors Offering Assistance in Recovery®. In partnership with the Arizona Burn Foundation, the Arizona Burn Center at Valleywise Health, and the Phoenix Society for Burn Survivors, this program brings trained survivors who have experienced similar trauma into the hospital to connect with new survivors and their families. This program also expands to provide for connection opportunities in rehabilitations, in home healing support needs, and even virtually to best support the needs of individuals in all healing environments. These SOAR peer supporters, as we call them, share their stories, provide insights on burn injuries and trauma healing, and establish a feeling of community and understanding. The purpose of the S.O.A.R. program is to make sure no one recovers from a traumatic injury alone; together we are stronger than one!

If you have interest in connecting with a SOAR peer supporter – or are interested in training to become a part of our SOAR peer support team yourself, please follow up with Lori Janik, Director of Client Care Services at the Arizona Burn Foundation, at [clients@azburn.org](mailto:clients@azburn.org).

