

2020- 2021 IMPACT



abf Arizona Burn
Foundation
Prevent. Survive. Thrive.

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DEAR ABF FRIENDS,

This was a pivotal year for our community. Not only did Arizona Burn Foundation (ABF) continue to support burn survivors and their families during their moment of crisis, we have needed to find new ways to engage with them and our community as the pandemic continued to limit our ability to gather.

As we entered the second year of seeing our programs offered virtually we needed to ensure our audiences were able to connect with each other. We needed to provide the much needed education, support and fellowship that ABF has been known for over our 54-year history.

Now we focus on the future. This fall we have been able to offer smoke alarm walks in several communities. We have also formally opened our office in Tucson so we can better serve the Southern Arizona area. We have unveiled, and now executing key components of our 3-year expansion plan. This plan will see ABF have a larger presence in Flagstaff, Prescott and Yuma.

As you read our Annual Impact Report you will see ABF has truly delivered on our mission promise.

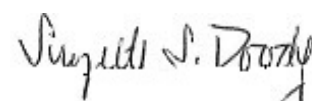
Prevent. Survive. Thrive.

Sincerely,



Rex Albright

CEO



Suzette Doody
2021-2022
Board Chair

Our mission

is to improve the quality of life for burn survivors and their families in Arizona, while promoting burn prevention and fire safety advocacy and education. Since 1967, the Arizona Burn Foundation has provided high-quality support programs for burn survivors ranging from infants to adults. For more than 50 years, we've collaborated with organizations, communities, medical professionals, burn centers, and hospitals across the state to ensure that anyone who suffers a burn injury receives the highest standard of care and assistance. What's more, we help burn survivors reclaim their identity and provide holistic recovery.

H.O.P.E. SERVICES

Helping Others Promoting Empowerment (H.O.P.E.) Services begins the moment a burn patient is admitted to the Arizona Burn Center or the Burn Unit at Banner University Medical Center Tucson. From the moment an Arizonan suffers a burn injury, Arizona Burn Foundation provides comprehensive support to survivors and families, including emotional and financial relief. In the initial crisis, we offer short-term emergency needs, including: lodging, transportation, financial assistance, meal vouchers, and emotional support to families. Upon hospital discharge, we provide long-term transitional services focused on helping burn survivors not just survive their injuries — but thrive in their post-injury life.

THERAPY SERVICES

After experiencing trauma, an individual may feel a loss of control and subsequent anxiety, fear, or low self-esteem. Burn survivors and their families have a need for physical and emotional healing that allows them to regain a sense of personal empowerment. Arizona Burn Foundation offers both Music and Art Therapy for burn survivors and their families. In addition, we offer referrals to Equine-Assisted Therapy, Trauma Yoga Therapy, and mental health counseling for burn survivors and their families to process through their trauma.



FAMILY CAMP

Arizona Burn Foundation holds an annual Family Camp to address the needs of preschool burn survivors and their families. A burn injury affects the entire family, and parents experience anxiety regarding wound care and subsequent surgeries. Siblings may be confused by the attention given to the burn survivor, and survivors may have questions and want to seek out other survivors their age. These concerns and more are addressed in a therapeutic setting at Family Camp.

WE HELP BURN SURVIVORS RECLAIM THEIR IDENTITY AND REBUILD SELF-ESTEEM.

We believe each burn survivor is more than the sum of their scars and our work is instrumental to their holistic recovery.

LEADERSHIP PROGRAMS

Leaders-in-Training (LIT) is a four-year program for burn survivors aged 16-20 who have attended Camp Courage. As burn survivors reclaim their identity and confidence, they often desire to give back to the community, and the LIT program helps them do so. It features special programming during the week of Camp Courage and gatherings throughout the year for further leadership development. Many LIT Program alumni go on to become counselors or lead staff at Camp Courage. Others become key volunteers for the Milo & Moxie: Smart Safety Rangers Program or our Community Smoke Alarm Program.

CAMP COURAGE

Since 1991, The Arizona Children's Burn Camp, Camp Courage, has supported the emotional needs of children who have suffered severe burn injuries. Today, approximately 80 youth burn survivors from Arizona and neighboring states attend this free, annual therapeutic camp. Activities include horseback riding, mountain biking, fishing, swimming, arts and crafts, tie dye, high ropes, rappelling, and more. In addition, Arizona Burn Foundation partners with Prescott College's Centaur Leadership Services program to provide therapeutic equine experiences at Camp Courage in Prescott.

YOUNG ADULT RETREAT

For young people affected by a severe burn injury, entering into adulthood has its unique challenges.

Relationships, intimacy, career possibilities and a support system are all issues burn survivors must learn to navigate. Arizona Burn Foundation's Young Adult Retreat brings together burn survivors, ages 18-25, to address these concerns in a safe and caring environment.

ADULT BURN SURVIVOR AND CARETAKER RETREAT

The transition from hospital care and to home can be difficult. Wound care, loss of mobility, and loss of identity are very real struggles for burn survivors – and those who care for them. This retreat brings burn survivors and their caretakers together with others who are recently injured to cultivate hope and healing. The retreat includes guest speakers, group support specific to burn survivors and caregivers, massage therapy, art, and other alternative healing activities.

SOCIAL GATHERINGS

ABF's ultimate goal is to help provide the emotional support needed for a burn survivor and their family to thrive. In this stage of the Continuum of Care Model, ABF offers social gatherings where organic peer-to-peer support can take place. When families who have been through similar trauma come together, they are able to find peer support, comfort, and advice. To help families continue to thrive, ABF provides social gatherings, including holiday parties, Diamondback games, family picnics, and more. These gatherings provide families the opportunity to find strength from one another as they share their triumphs and challenges.

MACDONALD WOOD SCHOLARSHIP APPLICATION

Scholarships are available for burn survivors who dream of attending a community college, four-year university, or technical school.

MILO & MOXIE: SMART SAFETY RANGERS™

Children 12 and under are one of the most vulnerable groups for burn and scald injuries. According to SafeKids Worldwide, every day, 300 children ages 0 to 12 are treated in emergency departments for burn-related injuries. The Milo & Moxie “story-time” curriculum addresses burn safety behaviors for both children and their parents. We teach families life-saving safety tips and advocate for changes that promote fire safety.

COMMUNITY SMOKE ALARM PROGRAM

These days, our homes are filled with materials that, when they burn, give off toxic smoke and can be extremely flammable. Tragically, three of every five home fire deaths happen in houses where there is no

working smoke alarm. A working smoke alarm reduces the chances of dying in a reported fire in half. Since 2006, our Community Smoke Alarm Program has installed thousands of 10-year sealed-battery dual-sensor smoke alarms — the best protection available on the market — in low-income and high-risk areas across Arizona. Our installations are often complemented with smoke alarm education in the schools.

In addition, we are one of only two organizations in the state installing Deaf and Hard of Hearing smoke alarms where needed. Our efforts prevent home fire deaths and burn injuries for Arizona children and adults every year.

We stand strong together to improve the lives of burn survivors and their families, we know that the severity of a burn impacts an entire family and community. That is why we continue to make Arizona a safer place to live for our friends, families and neighbors.

We invite you to connect with us and think about how you can join us in becoming part of the Arizona Burn Foundation. It is through your time, support and partnership that we will be able to change the negative stigma associated with burn injuries, while shaping burn awareness.



CLIENT CARE SERVICES



2,498

Meaningful Interactions

Through face-to-face meetings, check-in calls, and home visits that provide emotional and social support necessary for hope and healing **Avg.5 per day**



212

New Burn Survivors

Supported with resources in client care services **Avg.3 per week**



642

Nights of Lodging

Provided for families outside the Phoenix area for emergencies, clinic visits, and procedures



52

Participants

Participating in our various virtual support/therapy groups including expressive arts, music therapy, peer group and parent/caregiver group

ADVOCACY & EDUCATION



12,557

Children Reached

with Milo & Moxie: Wildfire Prevention curriculum



31,448

Children Reached

with Milo & Moxie: Smart Safety Rangers™ burn prevention and fire safety messaging



904

Smoke Alarms Installed

in high risk homes in communities across Arizona



28

Deaf & Hard of Hearing Alarms

installed in the homes of the deaf or hard of hearing

COMMUNITY PARTNERS

Community Smoke Alarm Partners

- Buckeye Valley Fire Department
- Chandler Fire Department
- Glendale Fire Department
- Goodyear Fire Department
- Mesa Fire Department
- Phoenix Fire Department
- Pine Strawberry Fire Department
- Show Low Fire Department
- Tempe Fire Department
- Tucson Fire Department
- Arizona City Fire District
- Casa Grande Fire Department
- Chandler Fire Department
- City of Maricopa Fire/Medical
- Congress Fire District
- Copper Canyon Fire & Medical
- Duncan Valley Rural Fire District
- El Mirage Fire Department
- Gila Bend Fire & Rescue
- Glendale Fire Department
- Goodyear Fire Department
- Mesa Fire & Medical Department
- Payson Fire Department
- Peoria Fire Department
- Phoenix Fire Department
- Pine-Strawberry Fire District
- Prescott Fire Department
- Rural Metro Fire
- Scottsdale Fire Department
- Sun City Fire District
- Superstition Fire & Medical
- Tempe Fire Medical Rescue Department
- Timber Mesa Fire and Medical District
- Tucson Fire Department
- Vernon Fire District
- Whetstone Fire District
- White Mountain Apache Fire
- Yarnell Fire District

Milo & Moxie Smart Safety Ranger & Wildfire Prevention Partners

- Apostles Lutheran Church
- Arizona Child Proofers
- Arizona City Fire District
- Arrowhead Montessori
- Association of Business Latin American Health Fair
- Avondale Community Center
- Bagdad Elementary School
- Bambino's House Child Care
- Banning Creek Canyon Fire Wise Community
- Benson Fire Department
- BHHS Legacy - WIC Materials
- Black Mountain Science Academy
- Bright Beginnings Preschool

- Brighter Angels Learning Center
- Brilliant Belssings
- Buckeye Valley Fire District
- Bullhead City Fire
- Canon Elementary School
- Centennial COOP
- Centerra Mirage Stem Academy
- Child Crisis Arizona
- Copper Trails School
- Cottonwood Community School
- Cottonwood Fire Prevention
- Country Meadows Elementary
- Creme De La Creme Preschool
- Desert Harbor Elementary
- Eagleridge Enrichment Program at Franklin at Alma Elementary School
- Easterseals Blake Foundation - Sierra Vista
- Easterseals Blake Foundation - Yuma
- El Mirage Fire Department
- Eliseo C Felix School
- Estrella Vista Elementary
- Florence Fire Department
- Gila Bend Fire & Rescue
- Glendale Fire Department
- Globe Fire Department
- Golder Ranch Fire District
- Grand Canyon Elementary School
- Granite Mountain Hotshot Tribute Center
- Great Beginnings Preschool
- Hall of Flame
- Happy Apple Preschool
- Happy Valley School
- Ira A Murphy Elementary School
- Joe Carlson Elementary School
- KidsPark
- Kyrene Del Milenio
- Kyrene School District
- La Petite Academy of Avondale
- Lake Havasu City Fire
- Lake Pleasant Preschool
- Learning Works Preschool
- Liberty High School Coop
- Lily's Pad
- Little Scholars Academy
- Lutheran Social Services of the Southwest
- Mesa Fire & Medical
- Michael Anderson School
- Murphy Fire Department
- Nevada Public Safety Department
- Noah's Ark Preschool
- Nogales Fire Department
- Northwest Fire District
- Oasis Elementary School
- Fire Marshall - Phoenix
- Fire Marshall - Tucson
- Pascua Pueblo Fire Department
- Peace Lutheran Preschool
- Peoria AM/PM Admin Office
- Peoria Avenue Preschool
- Peoria High School COOP
- Peoria Illinois Fire Department
- Phoenix Children's Academy Private Preschool
- Picacho Elementary
- Pima County Superior Court
- Pinal Rural Fire & Medical District
- Pine-Strawberry Fire District
- Pioneer Elementary
- Playa Del Rey
- Primrose School of Arrowhead
- Primrose School of Fletcher Heights
- Red Mountain Ranch Elementary School
- Rincon Valley Fire District
- Robles Elementary School
- Rural Metro - Yuma
- Rural Metro Fire
- San Simon Fire District
- Sechrist Elementary School
- Seligman Fire District
- Sierra Vista Fire & Medical Services
- Skull Valley School
- Spirit of Hope Montessori School
- Springerville Fire Department
- St. Thomas Aquinas Preschool
- Star Academy
- Stevenson Elementary School
- Sunrise Montessori School
- Sunrise Preschool
- Superstition Fire & Medical
- Surprise Fire & Medical Department
- Taylor-Snowflake Fire & Medical
- Teach N Fun
- Tempe Fire Medical Rescue Department
- The Kids Academy
- Timber Mesa Fire and Medical District
- Tutor Time of Peoria
- United Way of Tucson and Southern Arizona
- Valleywise Burn Center
- West Wing Elementary
- Westside Head Start
- Wiggles and Giggles
- Wildflower Academy
- Wonderwise Preschool
- Woodland Hills Fire
- Work of Heart Learning Center
- Yuma Fire Department

Sam was burned while playing outside with his older brother when a lighter caught his pajamas on fire and 14% of his body was burned, including his face, neck, and torso. Julianna, Sam's mom, felt overwhelmed in the hospital, but her family and the Arizona Burn Foundation were there to listen and support her. So Julianna kept faith that everything would be okay.

Sam experienced a few recovery setbacks upon his discharge. He had neck contractions that locked his neck in place. Julianna describes his first skin release and consistent wound care schedule as a breakthrough in his recovery! Julianna smiles as she recalls the feeling of relief when things changed for Sam, she states, "It was a game changer!"



He was able to move his neck. He's able to look up and down. He's able to go side to side and before he couldn't do any of that, and he was just stuck... now he's thriving.

Through everything the Arizona Burn Foundation was there supporting Julianna and Sam. Julianna states, "Kelsey (ABF's social worker) was a lot of help for resources and I knew I could talk to her. If it wasn't for her, I think I would've given up and I couldn't appreciate her and the foundation more for that...She made sure I had everything I needed to be successful going through this." Julianna is thankful ABF was there to help her learn more about what having a child with burns looks like. "Anything I needed, your doors were open to me, and I appreciate that."

Julianna describes this as the worst experience of her life, but now Sam loves that he looks different. "We're able to go to Big Surf and he's willing to show his skin. He's proud of it, and he's loud about it." She also appreciates the support programs that have connected Sam with fellow child burn survivors. Julianna tells us, "Sam sees there are other kids out there like him. He really realizes, Wow, we're beautiful. I couldn't thank ABF enough for the experience we've had with you."



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